



Healthy Communities Partnership:
Lanark, Leeds and Grenville
More Than Just Networking Day
Lois Dewey
April 12, 2011

1. Background:

The Healthy Communities Partnership: Lanark, Leeds and Grenville chose to host a community partner event in March 2011 at the Smiths Falls Memorial Recreation Centre.

2. Purpose:

The purpose of the day was to:

- Review the model of governance
- Launch our local network maps
- Provide participants an opportunity to use the maps, identify potential partners to address the recommended actions
- Participate in networking
- Seek input/feedback on potential policy direction
- Provide partners information on 'next steps'

3. Attendance:

83 participants attended the event.

4. Agenda:

is available as Appendix 1.

5. Presentations:

The power point presentations of the Governance Model and the Network Maps are available here: <http://www.healthyllg.net/events.html>

6. Small group reports – Building on LLG Connections:

- Participants self- selected to join one of seven small groups: physical activity, sport and recreation, mental health, healthy eating, substance and alcohol misuse, tobacco use/exposure, injury prevention or Francophone. The small groups were facilitated by Stewardship Committee members.
- Individual feedback forms are available from Lois Dewey at lois.dewey@healthunit.org
- The following is a summary of the key concepts/highlights from the small group reports:
 - Key Connections:
 - Each small group identified key connections for their topic area, as well as who was missing from the network maps.
 - How to Reach Outliers:
 - Groups provided input on how to reach those not currently involved.

- Many groups suggested an annual event as a means to reaching these organizations.
- Also: use of media, website, email, personal contact, public notice boards, presentations to existing groups
- Steps to build/strengthen constellations to address the recommended actions
 - Increase involvement of municipalities
 - Focus on communication/networking/collaboration/sharing
 - Education/awareness – media, schools, workplaces, parents
 - Strategize on better connectedness
 - Recognize transportation as an issue
 - Create templates to address priority areas
 - Build on existing policies
 - Support existing coalitions
 - Equal participation and ownership of constellation
 - Share best practice/tools
 - Website
 - Training
 - Communicate if stewardship group is open to new members
 - Include all of Lanark, Leeds and Grenville
 - Build in sustainability
 - Look at generational solutions
 - Identify the core issues of each member of the constellation so that issues can be addressed as a whole
- What Supports are needed from HCP
 - Opportunities to increase connections
 - Opportunity to learn of others successes
 - Attendance at learning opportunities
 - Organize training
 - Help to reach the hard to reach (Blind / Low Vision / Deaf / Hard of Hearing / Low Literacy and those in poverty Low Income)
 - Apply for funding
 - Income. Supports at Mental Health
 - Promotion of resilience and teaching of coping skills, e.g. art and music therapy, link with art groups
 - Provide an evidence based lens to filter activities
 - Promoter overlap of priority areas
 - Policy development training, facilitation
 - Resources – data
 - Communications – resources , funds
 - Safety – resources
 - Resources Coordinator Leadership – Coordination
 - Centre of excellence for resources
 - Development of Resources
 - More Networking time at HCP events

- Special day for Physical Activity
- Inventory of who's working in what
- Communication – use HCP website – discussion forum- links to HCP members' websites
- Teleconferencing
- Teacher/principal training – curriculum training
- OSAID sponsorship
- Education of seniors
- Identify organizations at the table currently working on recommended actions:
 - 33 organizations/programs identified

7. Summary of the small group reports: Policy Direction

- Participants self selected to join one of 5 groups to provide feedback/input on potential policy direction: physical activity, sport and recreation, mental health/adults, mental health/children, healthy community charter, Francophone
- Small group sessions were facilitated by HCP Stewardship Committee members
- Background sheets were provided with potential policy direction identifying the policy: target, participants, settings and activities
- Participants were asked to provide feedback/input, to identify actions they could take in their sphere of influence, their networks, and communities
- Input was sought on supports needed from each other and from the HC Partnership to advance the policy directions
- Other comments were invited
- Individual feedback forms are posted on <http://www.healthyllg.net/events.html>

8. Evaluation - Conclusion & Recommendations:

Due to the lower response rate, these results should be interpreted with caution as they may not be representative of all participants in attendance at the March 23 event. In general, it appears that the March 23 event met participants' needs and participants felt that the day's objectives were met. The majority of participants reported learning something new; however less than half reported learning something new "to a great extent." Participants were satisfied with the facility, AV materials, time for questions/discussion, food and the handouts. Some participants commented that the time for group work was tight and that they had difficulty reading the network maps. As well, some participants commented that they would have liked their own copy of the agenda or network map documents.

Based on the results of this evaluation, the following recommendations can be made:

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- Give an overview of the HCP:LLG and its work to-date at the next community event so that new participants are informed about the history of the HCP:LLG

- At future events, provide copies of the agenda for all participants
- Continue to post documents on the www.healthylg.org website following events and ensure participants are informed re: where to find documents

Appendix 1
March 23, 2011
Agenda

1. Welcome and Introductory Remarks.....9:00
2. Icebreaker.....9:05
3. Overview of Constellation Model and Keith McPhee/Paula Stewart
Governance Structure/Application to our Partnership9:15
4. Network Mapping/Maps – Health Nexus Robyn Kalda/Peggy Schultz.....9:30
5. Building on LLG Connections – Small Jeff Kohl/Brigitte Gagnon/Facilitators
Groups – 6 priority areas + Francophone10:00
6. Break11:00
7. Small Group Reports - Jeff Kohl11:15
8. Lunch/skating/walking..... 12:15
9. Introduction to Priority Policy Direction - Paula Stewart/Mike Poulin /
Richard Kidd1:15
10. Small Groups for Policy Direction - Jeff Kohl/Facilitators1:30
11. Small Group Reports – Jeff Kohl.....2:15
12. Website Launch - Lois Dewey3:15
13. Next Steps/Evaluation/Closing Remarks - Lois Dewey/Jeff Kohl.....3:25